



Cooking from the Garden After-School Enrichment Program
Volunteer Class Assistant
Denver, CO

Program Description:

This is an after-school gardening and cooking program. The gardening program will include planting, cultivating, and harvesting, using learner-driven processes that emphasize experiential activities. The students will also engage in science and cultural activities, as well as nutrition education.

Our goal is to provide an interactive and multi-faceted learning environment transforming children from passive food consumers to creators, and in so doing increase their health awareness. Children will discover their own taste preferences, learn to create dishes they enjoy, derive self-esteem and pride as they watch their plants grow, eat them and share them to with their community. This interactive approach will result in a more intimate relationship with food and health. They will be able to internalize feelings of satiety, appropriate food choices and levels of physical activity. Secondary goals work to reinforce academic learning. Literacy, art and science will be emphasized through experiential learning; reading garden related stories, keeping journals about the garden; creating and writing recipes; and growing experiments.

Responsibilities:

- Assist Class Instructor in delivering a 60-75 minute after-school gardening & cooking program to students, elementary to high school age.
- Coordinate with Class Instructor for any pre-class preparation
- Support class needs
 - Demonstrating gardening and cooking techniques
 - Monitoring of students
 - Behavior management of students
 - Organization and management of students
- Additional responsibilities as assigned

Qualifications:

- Commitment to and enthusiasm for the Slow Food mission
- Creativity, willingness to take initiative
- Desire to learn and take a larger teaching role if needed
- Excellent verbal communication skills
- Experience in either gardening or cooking, experience in both is preferred
- Ability to lift up to 30lbs
- Bilingual is a plus

Class assistants are unpaid. If interested, please email Annie Walsh, Cooking from the Garden Coordinator at annie@slowfooddenver.org.

Slow Food Denver is an equal opportunity employer. We strive to reflect the diverse community that works toward and cares about a healthy food system. Applicants who contribute to this diversity are strongly encouraged to apply.